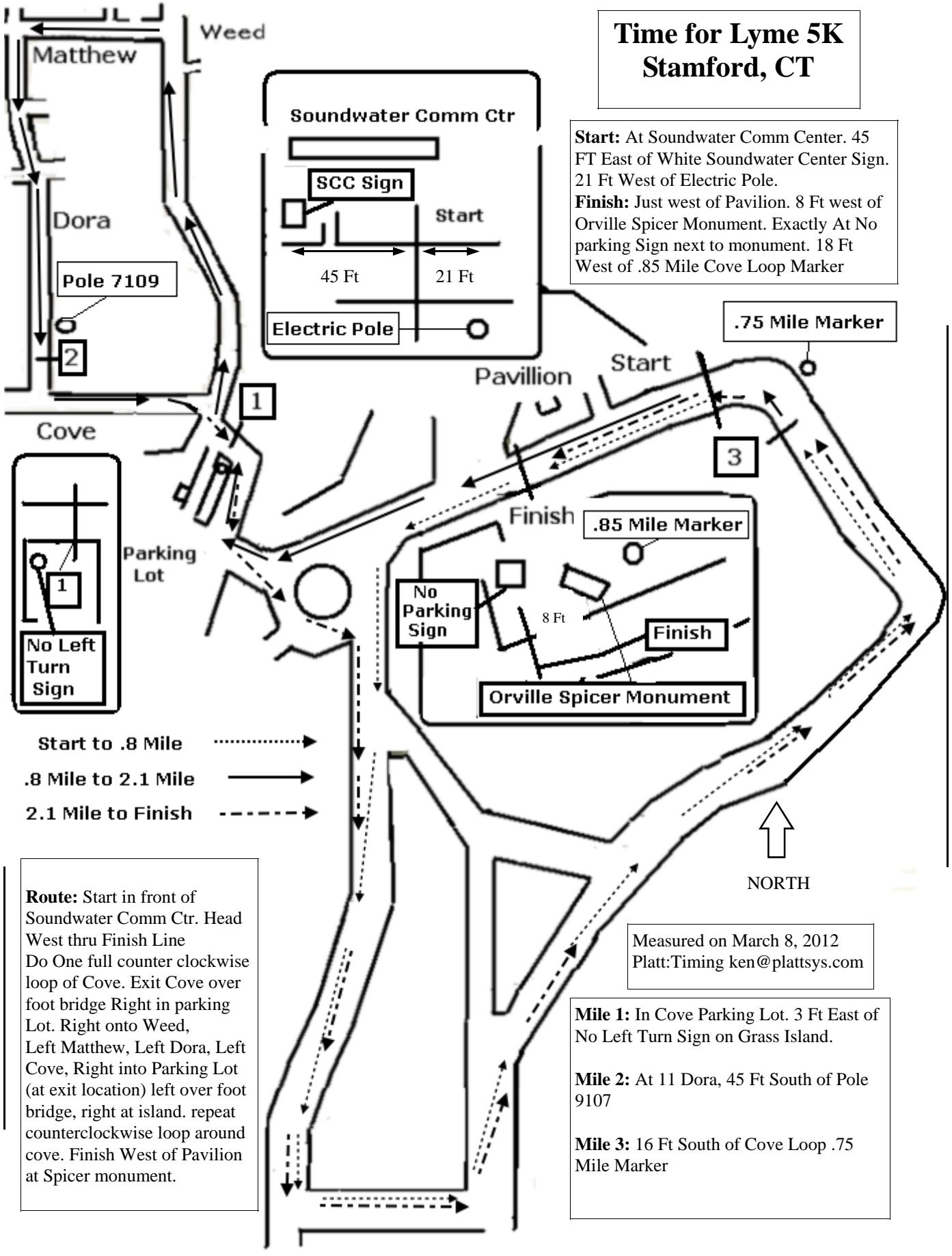


## Time for Lyme 5K Stamford, CT

**Start:** At Soundwater Comm Center. 45 FT East of White Soundwater Center Sign. 21 Ft West of Electric Pole.

**Finish:** Just west of Pavilion. 8 Ft west of Orville Spicer Monument. Exactly At No parking Sign next to monument. 18 Ft West of .85 Mile Cove Loop Marker



Start to .8 Mile .....  
 .8 Mile to 2.1 Mile ———  
 2.1 Mile to Finish - - -

**Route:** Start in front of Soundwater Comm Ctr. Head West thru Finish Line Do One full counter clockwise loop of Cove. Exit Cove over foot bridge Right in parking Lot. Right onto Weed, Left Matthew, Left Dora, Left Cove, Right into Parking Lot (at exit location) left over foot bridge, right at island. repeat counterclockwise loop around cove. Finish West of Pavilion at Spicer monument.

Measured on March 8, 2012  
 Platt: Timing ken@plattsys.com

**Mile 1:** In Cove Parking Lot. 3 Ft East of No Left Turn Sign on Grass Island.  
**Mile 2:** At 11 Dora, 45 Ft South of Pole 9107  
**Mile 3:** 16 Ft South of Cove Loop .75 Mile Marker